



Derek Tulluck, M.Ed., NBCT

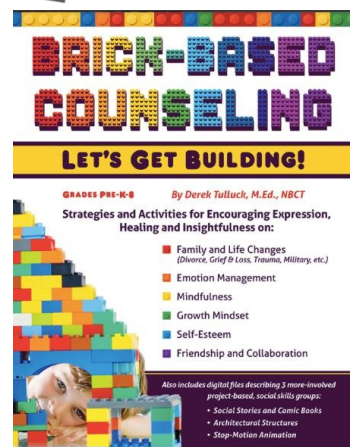
LEGO-Brick Based Counselling Online Workshop

Formerly known as "Lego-Based Counselling"

This workshop is designed to provide participants with a fundamental understanding of a variety of innovative techniques and activities for incorporating LEGO landing ® bricks into your individual, small group, and virtual counseling sessions.

Objectives:

- Materials and Getting Started
- Counseling Theory and Application to Brick-Based Counseling
- Demonstration and Guided Practice of Counseling Activities
 - Family and Life Changes
 - Emotion Management
 - Mindfulness
 - Growth Mindset
 - Self-Esteem
 - Friendship and Collaboration
 - Building 21st Century Skills



Book by Trainer, Derek Tulluck

Who should attend?

- **Counsellors, Social Workers, Psychologists, Therapists, Nurses & others who work with young children and youth.**
- **Parents with young children**

Participants will need to have a small amount of LEGO® for the session!



Derek is a National Board certified elementary school counselor and adjunct professor in the Seattle area, USA. He teaches a variety of graduate-level courses in school counseling and has a passion for incorporating LEGO® materials in his counseling practice which is well received by his clients.

He is the author of the popular Brick Based Counselling book, formerly known as Lego Based Counselling.



We are committed to keeping class sizes small to facilitate interaction, so please register early.

Training will be highly experiential and interactive.

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